

# 2018 Crosstown Throwdown

## Live Event

### Schedule of Events & Heat Sheet

**08:00** Athlete **Check-in** at CrossFit Station

**08:30** Athlete **Briefing** on All Live Event Workouts

**09:00** **WOD #1 – Heat 1** – 35-39 Women (3) & 60+ Women (1) & Teen Girls (1)

1	Lola Crosby	Teen Girls
2	Amanda Stone	Women 35-39
1	Rachel Hamilton	Women 35-39
3	Jacalyn Archer	Women 35-39
1	Pat Rhodes	Women 60+

**09:12** **WOD #1 – Heat 2** – Scaled Women (4)

13	Ashley Roberts	Scaled Women
11	Laura Henline	Scaled Women
12	Kelly Addis	Scaled Women
14	Haley O'Sullivan	Scaled Women

**09:24** **WOD #1 – Heat 3** – Scaled Women (5)

9	Emily Brockett	Scaled Women
7	Miranda Hansen	Scaled Women
6	Carlee Oswald	Scaled Women
8	Adriann Romero	Scaled Women
10	Trista Jackson	Scaled Women

**09:36** **WOD #1 – Heat 4** – Scaled Women (5)

4	Amber Chilcoat	Scaled Women
2	Nichole Peterson	Scaled Women
1	Katie Powell	Scaled Women
3	Racquelle Servatius	Scaled Women
5	LoriAnn Gellert	Scaled Women

**09:48** **WOD #1 – Heat 5** – Rx Women (5)

4	Savannah Talbott	Rx Women
2	Angel Hudson	Rx Women
1	Kelli Day	Rx Women
3	Kayla Cocozzo	Rx Women
5	Heidi Goetsch	Rx Women

**10:00** **WOD #1 – Heat 6** – Men 50s (5)

4	Edward Willson	Men 50s
2	Brent Baxter	Men 50s
1	DJ McMurdo	Men 50s
3	Mike Wilson	Men 50s
5	Dan Taylor	Men 50s

**10:12** **WOD #1 – Heat 7** – 40s Men (5)

5	Ryan Crosby	Men 40s
3	Clay Hamilton	Men 40s
1	Brandon Spidell	Men 40s
2	Chris Uberuaga	Men 40s
4	Aaron Mann	Men 40s

**10:24** **WOD #1 – Heat 8** – 40s Men (1) & 35-39 Men (4)

4	Tony Howard	Men 35-39
2	Cody Harsch	Men 35-39
1	Buck Jacobs	Men 35-39
3	Thomas Hine	Men 35-39
6	Aaron Johnson	Men 40s

**10:36** **WOD #1 – Heat 9** – 60+ Men (1) & Scaled Men (4)

6	Shawn Stadlbauer	Scaled Men
4	Kyle Trenga	Scaled Men
1	Gary Davis	Men 60+
3	James Williams	Scaled Men
5	Max Willson	Scaled Men

**10:48** **WOD #1 – Heat 10** – Scaled Men (2) & Rx Men (3)

2	Erik Boschulte	Scaled Men
1	Kyle Bartlett	Scaled Men
15	Reno Christino	Rx Men
13	Eddie Willson	Rx Men
14	Brandon Seamons	Rx Men

**11:00** **WOD #1 – Heat 11** – Rx Men (5)

12	Joseph Peterson	Rx Men
10	David Silva	Rx Men
8	KoDee Powell	Rx Men
9	Alexander Perreira	Rx Men
11	Chris Duncan	Rx Men

**11:12** **WOD #1 – Heat 12** – Rx Men (4)

7	James Petzke	Rx Men
5	Kris Gokey	Rx Men
4	Tyson Berg	Rx Men
6	Beau Ancien	Rx Men

**11:24** **WOD #1 – Heat 13** – Rx Men (3)

2	Brandon DeLao	Rx Men
1	Tyler Eggimann	Rx Men
3	Cullen Bland	Rx Men

**11:36** Reset for WOD #2 (15 minutes)

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**11:50 WOD #2 – Heat 1** – 35-39 Women (3), 60+ Women (1), Teen Girls (1), Scaled Women (3)

1	Lola Crosby	Teen Girls
2	Amanda Stone	Women 35-39
1	Rachel Hamilton	Women 35-39
3	Jacalyn Archer	Women 35-39
1	Pat Rhodes	Women 60+
13	Ashley Roberts	Scaled Women
12	Kelly Addis	Scaled Women
14	Haley O'Sullivan	Scaled Women

**11:56 WOD #2 – Heat 2** – Scaled Women (8)

10	Trista Jackson	Scaled Women
8	Adriann Romero	Scaled Women
6	Carlee Oswald	Scaled Women
4	Amber Chilcoat	Scaled Women
5	LoriAnn Gellert	Scaled Women
7	Miranda Hansen	Scaled Women
9	Emily Brockett	Scaled Women
11	Laura Henline	Scaled Women

**12:02 WOD #2 – Heat 3** – Scaled Women (3) & Rx Women (5)

2	Nichole Peterson	Scaled Women
1	Katie Powell	Scaled Women
3	Racquelle Servatius	Scaled Women
4	Savannah Talbott	Rx Women
2	Angel Hudson	Rx Women
1	Kelli Day	Rx Women
3	Kayla Coccozzo	Rx Women
5	Heidi Goetsch	Rx Women

**12:08 WOD #2 – Heat 4** -- 60+ Men (1), 50s Men (5), Scaled Men (2)

6	Shawn Stadlbauer	Scaled Men
5	Max Willson	Scaled Men
5	Dan Taylor	50s Men
3	Mike Wilson	50s Men
1	Gary Davis	60+ Men
1	DJ McMurdo	50s Men
2	Brent Baxter	50s Men
4	Edward Willson	50s Men

**12:14 WOD #2 – Heat 5** – Scaled Men (4), 35-39 Men (4)

4	Kyle Trenga	Scaled Men
2	Erik Boschulte	Scaled Men
1	Kyle Bartlett	Scaled Men
3	James Williams	Scaled Men
4	Tony Howard	35-39 Men
2	Cody Harsch	35-39 Men
1	Buck Jacobs	35-39 Men
3	Thomas Hine	35-39 Men

**12:20 WOD #2 – Heat 6** – 40s Men (6)

6	Aaron Johnson	40s Men
4	Aaron Mann	40s Men
2	Chris Uberuaga	40s Men
1	Brandon Spidell	40s Men
3	Clay Hamilton	40s Men
5	Ryan Crosby	40s Men

**12:26 WOD #2 – Heat 7** – Rx Men (8)

14	Brandon Seamons	Rx Men
12	Joseph Peterson	Rx Men
10	David Silva	Rx Men
8	KoDee Powell	Rx Men
9	Alexander Perreira	Rx Men
11	Chris Duncan	Rx Men
13	Eddie Willson	Rx Men
15	Reno Christino	Rx Men

**12:32 WOD #2 – Heat 8** – Rx Men (7)

6	Beau Ancien	Rx Men
4	Tyson Berg	Rx Men
2	Brandon DeLao	Rx Men
1	Tyler Eggimann	Rx Men
3	Cullen Bland	Rx Men
5	Kris Gokey	Rx Men
7	James Petzke	Rx Men

**12:38** Reset for WOD #3 (15 minutes)

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**12:53 WOD #3 – Heat 1 – 35-39 W (3) 60+ W (1) Teen (1)**

1	Lola Crosby	Teen Girls
2	Amanda Stone	Women 35-39
1	Rachel Hamilton	Women 35-39
3	Jacalyn Archer	Women 35-39
1	Pat Rhodes	Women 60+

**01:00 WOD #3 – Heat 2 – Scaled Women (4)**

13	Ashley Roberts	Scaled Women
11	Laura Henline	Scaled Women
12	Kelly Addis	Scaled Women
14	Haley O’Sullivan	Scaled Women

**01:07 WOD #3 – Heat 3 – Scaled Women (5)**

9	Emily Brockett	Scaled Women
7	Miranda Hansen	Scaled Women
6	Carlee Oswald	Scaled Women
8	Adriann Romero	Scaled Women
10	Trista Jackson	Scaled Women

**01:14 WOD #3 – Heat 4 – Scaled Women (5)**

4	Amber Chilcoat	Scaled Women
2	Nichole Peterson	Scaled Women
1	Katie Powell	Scaled Women
3	Racquelle Servatius	Scaled Women
5	LoriAnn Gellert	Scaled Women

**01:21 WOD #3 – Heat 5 – Rx Women (5)**

4	Savannah Talbott	Rx Women
2	Angel Hudson	Rx Women
1	Kelli Day	Rx Women
3	Kayla Coccozzo	Rx Women
5	Heidi Goetsch	Rx Women

**01:28 WOD #3 – Heat 6 – Men 50s (5)**

4	Edward Willson	Men 50s
2	Brent Baxter	Men 50s
1	DJ McMurdo	Men 50s
3	Mike Wilson	Men 50s
5	Dan Taylor	Men 50s

**01:35 WOD #3 – Heat 7 – 40s Men (5)**

5	Ryan Crosby	Men 40s
3	Clay Hamilton	Men 40s
1	Brandon Spidell	Men 40s
2	Chris Uberuaga	Men 40s
4	Aaron Mann	Men 40s

**01:42 WOD #3 – Heat 8 – 40s Men (1) & 35-39 Men (4)**

4	Tony Howard	Men 35-39
2	Cody Harsch	Men 35-39
1	Buck Jacobs	Men 35-39
3	Thomas Hine	Men 35-39
6	Aaron Johnson	Men 40s

**01:49 WOD #3 – Heat 9 – 60+ Men (1) & Scaled Men (4)**

6	Shawn Stadlbauer	Scaled Men
4	Kyle Trenga	Scaled Men
1	Gary Davis	Men 60+
3	James Williams	Scaled Men
5	Max Willson	Scaled Men

**01:56 WOD #3 – Heat 10 – Scaled Men (2) & Rx Men (3)**

2	Erik Boschulte	Scaled Men
1	Kyle Bartlett	Scaled Men
15	Reno Christino	Rx Men
13	Eddie Willson	Rx Men
14	Brandon Seamons	Rx Men

**02:03 WOD #3 – Heat 11 – Rx Men (5)**

12	Joseph Peterson	Rx Men
10	David Silva	Rx Men
8	KoDee Powell	Rx Men
9	Alexander Perreira	Rx Men
11	Chris Duncan	Rx Men

**02:10 WOD #3 – Heat 12 – Rx Men (4)**

7	James Petzke	Rx Men
5	Kris Gokey	Rx Men
4	Tyson Berg	Rx Men
6	Beau Ancien	Rx Men

**02:17 WOD #3 – Heat 13 – Rx Men (3)**

2	Brandon DeLao	Rx Men
1	Tyler Eggimann	Rx Men
3	Cullen Bland	Rx Men

**02:30 Results & Awards Ceremony**

***THANK YOU ALL FOR PARTICIPATING IN THE  
2018 CROSSTOWN THROWDOWN!***